

RESTLESS MIND

Composition and Lyrics: Nora McCarthy
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Restless Mind,
will you continue to wander?
Long nights awake without slumber,
you have questions but no answers.

Restless Mind,
will happiness always elude you?
And, troubles always pursue you?
You have yet to find your purpose.

Look inside.
Deep in your heart there burns a fire,
a love of life,
that's pure desire.
Embrace the truth and discover,
you're all you need to be...
sheer perfection!

Restless Mind,
so many choices to consider.
Don't let the wine turn bitter.
There's a reason for your journey.
Look and see,
your beauty,
aaah aaah aaah aaah.....

Love Yourself.